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Working Out The Bhangra Style



The first Indian-dance-inspired fitness show, the 'Masala Bhangra Workout' is to hit the screen of Indian Television (ITV) in New York from August 6, 2001.

Stay tuned to your television from 8am to 9am every Sunday as host Sarina Jain takes you through an hour of fitness guidance.

Anyone interested in sponsoring part of or the entire program can contact Larry Diaram at 917-496-0940 or fax 718-558-5753.